

The background is a blue gradient with several overlapping, semi-transparent circular shapes of varying shades of blue, creating a layered effect.

Introduction to
Athletics
& Fall Sports
Information Night
June 12, 2017
Norwood High School

Agenda

- 7:00-7:20-Introduction to Athletic Program
- 7:20-7:30-Introduction of Fall Head Coaches
- 7:30-8:00-Individual Fall Sports Meetings

Athletic Administration and Staff

- **Director of Athletics: Jonathan Longley**
 - jlongley@norwood.k12.ma.us
- **Athletic Dept. Administrative Assistant: Anne Calligan**
 - acalligan@norwood.k12.ma.us
- **Athletic Trainer: Gillian Glenister**
 - gglenister@marathonphysicaltherapy.com
- **Equipment Manager and Site Supervisor: Anne-Marie Busler**
 - abusler@norwood.k12.ma.us

Websites/Social Media

- **Website:**
 - www.norwoodmustangs.com
- **Schedules/scores/coaches' directory/directions**
 - www.baystateconference.org
- **Twitter:**
 - @NHS_Mustangs
- **Instagram:**
 - @nhs_mustangs

State and League Affiliation

- **State Affiliation:**
 - Massachusetts Interscholastic Athletics Association (MIAA)
 - www.miaa.net
- **League Affiliation:**
 - Bay State Conference (BSC)
 - **Carey Division:** Braintree, Brookline, Framingham, Needham, Newton North, Weymouth
 - **Herget Division:** Milton, Natick, NORWOOD, Walpole, Wellesley

Athletic Eligibility

- *An academically qualified student who does not have any outstanding fees or equipment due from any prior season will only become eligible to tryout/participate in the NHS Athletic Programs if the following five requirements are met:*
1. Seasonal athletic registration online sign-up at www.norwoodmustangs.com
 2. Permission Form*
 3. User Fee Form*
 4. Updated Physical Form*
 5. Pre-Participation Head Injury Form*

***Hard copies are required**

Attendance Policies

- **Absence and Tardy:** “Any student absent from school for any reason may not participate in a practice or a contest on the day of the absence, unless approved in advance by the Principal or Athletic Director. Tardy students must be in school no later than 11:00 AM in order to be eligible for a practice or game the day of the late arrival. Coaches will make every attempt to check the daily school attendance of their student-athletes.”

MIAA Handbook Policies

- Academic Eligibility
 - 8th grade grades do not count against NHS starting athletic eligibility
 - After each grading quarter, students must be passing at least four major courses (20 credits)
- Season Practice and Competition Schedules
 - Fall sports start before school starts
 - Football starts on 8/18 and all other sports are eligible to start on 8/24
 - Sports seasons run through all three school vacations
- One Sport per Season/Tryouts/Team Selection
 - One sport at a time
 - Cuts needed for some sports

MIAA Handbook Policies

- **Bona Fide Team Member Rule**
 - “A bona fide member of the school team is a student who is consistently present for, and actively participates in, all high school team sessions (e.g. practices, tryouts, competitions). Bona fide members of a school team are precluded from missing a high school practice or competition in order to participate in a non-school athletic activity/event in any sport recognized by the MIAA.”
- **Chemical Health Policy**
 - “During the school year, from the start of fall practices in August, through the last day of school or MIAA Tournament Play, whichever ends latest, a NHS student shall not, regardless of quantity, use or consume, possess, buy/sell or give away any beverage containing alcohol, marijuana, or any controlled substance.”
 - Use of tobacco, smokeless tobacco, electronic devices (including e-cigarettes and hookah pens) and steroids are also prohibited

Athletic Trainers and Training Room

- **Role of Athletic Trainers**
 - To prevent, treat, and rehabilitate athletic injuries
 - Evaluation leads to next step recommendations in healing process (ER, x-ray, MD, PT, etc.)
- **Outside Physician Care**
 - If a student-athlete is referred to outside care of physician, student may not, under any circumstances, return to participation until written note from physician clearing the student-athlete for participation is submitted to the Trainer, Athletic Director and/or NHS Nurse
- **Head Injury and Concussional Information**
 - Impact Concussion Testing (9th and 11th grade student-athletes)
 - Priority given to contact sports but is available for all athletes upon request
 - Norwood High School's Guidelines and Return to Participation Protocols
 - State Mandated Online Education Course: "Heads Up Concussion in Youth Sports"
 - www.cdc.gov/concussion/sports

NHS Boosters Club

- The NHS Boosters Club, a volunteer group of parents and community members, promotes, supports, and provides recognition to the student-athletes participating in all sports at Norwood High School. The Boosters Club supports the Athletics Program in a variety of ways:
 - Scholarships for graduating seniors
 - Varsity team awards
 - Championship banners
 - Athletic enrichment programs for athletes, coaches, and parents
 - Sports equipment and program infrastructure needs
- For more information or if you are interested in joining, please contact Paul Forrest (paul.forrest@festo.com)

Introduction of Fall Coaches

- **Cheerleading:** Jill Buckman (JV), tre_jolie@comcast.net, gym
- **Bs Cross Country:** Matt Curran, mcurran@norwood.k12.ma.us, dining hall
- **Gs Cross Country:** Aimee Worcester, aworcester@norwood.k12.ma.us, dining hall
- **Field Hockey:** Allison Doliner, adoliner@norwood.k12.ma.us, auditorium
- **Football:** Jim Tighe, jtighe@norwood.k12.ma.us, auditorium

Introduction of Fall Coaches

- **Bs Golf:** Kevin Hoffman, khoffman@norwood.k12.ma.us, gym
- **Bs Soccer:** Tom Healy (JV), healyt@comcast.net, dining hall
- **Gs Soccer:** Rebecca Newman, rnewman@norwood.k12.ma.us, dining hall
- **Gs Swim&Dive:** Jen Rodger, jrodger@norwood.k12.ma.us, dining hall
- **Gs Volleyball:** Paul Nimblett, pnimblett@norwood.k12.ma.us, gym